

# PLEDGE FORM

First & Last Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Pool Name: \_\_\_\_\_

SPONSOR NAME	PLEDGE AMOUNT
	Total Pledge Amount: \$ _____

# of Laps Completed: \_\_\_\_\_

X Total Pledge Amount: \$ \_\_\_\_\_

= **GRAND TOTAL:** \$ \_\_\_\_\_

**Make Some Waves.**

**Make A Difference.**

**Will you join us?**

**My Team Fundraising Website is:**

<https://events.lls.org/pages/nca/MillCreekSwim>

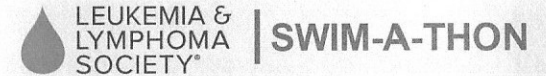
The **MISSION** of **The Leukemia & Lymphoma Society** is: Cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families.

### Contact Us

**Leukemia & Lymphoma Society—National Capital Area Chapter**  
 3601 Eisenhower Ave, Suite 45  
 Alexandria, VA 22304

(703)399-2958  
 Jenny.Siler@lls.org

Visit us on the web: [www.lls.org/swim](http://www.lls.org/swim)



**This summer The Leukemia & Lymphoma Society (LLS) is raising money and awareness for blood cancer research in the Swim-A-Thon Campaign.**

#### How it Works —

Swimmers collect pledges from friends, family and neighbors to raise money for LLS. On the Swim-A-Thon day, the team swims as many laps as they can raising money for their team and the campaign. LLS staff provides all materials and guidance to make it a splashing success!

#### When —

Your Swim-A-Thon would take place during a regularly scheduled swim practice in June, July, or August. Also, 2 weeks prior to your Swim-A-Thon, a LLS staff member will host a kick-off orientation for swimmers and their families to learn more about the Swim-A-Thon Campaign.

#### My Swim-A-Thon is on —

July 9<sup>m</sup> at 8am

## How easy is it to MAKE WAVES —

If each swimmer on your team collected just 5 pledges for \$0.25 per lap x 50 laps (totaling \$62 in funds raised), each swimmer would raise enough to help **6 LLS-funded researchers** grow cells in a lab for a week in pursuit of new therapies to treat blood cancers.

## Minimal Effort ... Maximum Impact!

## Why Is It Important —

Leukemia is the most common form of childhood cancer and while the 5-year survival rate for childhood leukemia has improved (from 3% in 1964 to 90% in 2019), there is still work to do!

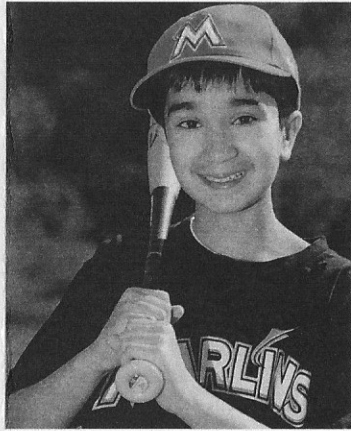
With your help and participation we CAN get to a 100% survival rate!

## Benefits of Swim-A-Thon —

Your participation LLS to fund advancements in **research, treatments** and **patient access** for those battling blood cancer.

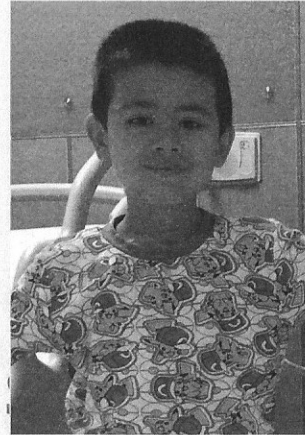
The Swim-A-Thon also offers your swimmers an opportunity to **give back** to their community, **strengthen** skills, and **engage** in a little friendly competition with other pool clubs in the area.

## SWIM FOR OUR HEROES!

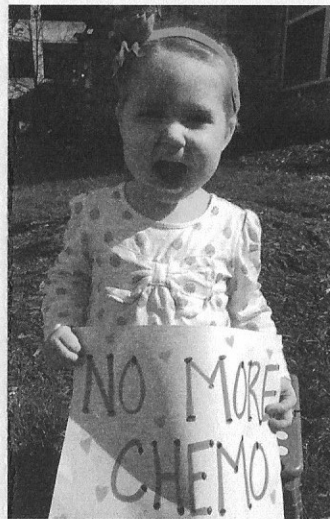


Vishav — Leukemia

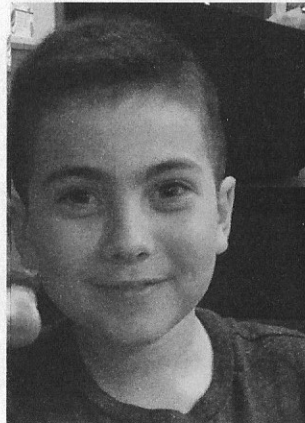
Will — Pre-B Acute  
Lymphoblastic Leukemia



Sydney — Infantile B-Cell  
Acute Lymphoblastic  
Leukemia



Jake — TCELL Acute  
Lymphoblastic Leukemia



# SAFTEY WAIVER

**Must be signed by parent/  
guardian for swimmer to  
participate.**

I understand and agree that I am voluntarily participating in the LLS Swim-A-Thon Program at my own risk and my own request. I will not hold The Leukemia & Lymphoma society responsible should I suffer from any type of injury or accident. I also give permission for the free use of my name, picture, and voice in any broadcast, telecast, print account or any other medium of this event.

*Swimmer's First & Last Name:*

*Parent/Guardian First & Last Name:*

*Parent/Guardian Signature:*

*Date:*